

If you checked ANY of the boxes above, it may indicate a more thorough Professional Assessment may be necessary.

<p>Home Maintenance</p> <p><input type="checkbox"/> Do you notice changes in housekeeping routines? Tip: Look for signs of spills that have not been cleaned up and check bathrooms for cleanliness.</p> <p><input type="checkbox"/> Are there piles of clutter or grime, items in need of repair, poor maintenance of yard & landscaping?</p> <p><input type="checkbox"/> Are gutters clogged with leaves or debris?</p> <p>Tip: Look for signs of water damage on ceilings.</p> <p>Grooming</p> <p><input type="checkbox"/> Do you see signs of poor hygiene; stained clothing, body odor?</p> <p>Tip: Offer to do laundry and look carefully at clothes when loading washer.</p> <p>Emotions</p> <p><input type="checkbox"/> Do you notice an unstable mood?</p> <p><input type="checkbox"/> Does your love one express signs of depression or anxiety? Tip: Is there a decrease in engaging in activities that bring pleasure to their lives? Are they isolating themselves from friends and family?</p> <p><input type="checkbox"/> Is there an indication of alcohol abuse, (this could be a cover for depression, especially in males)?</p> <p>Finances</p> <p><input type="checkbox"/> Are there signs of unopened bills or letters from creditors? Tip: Check for unopened bills and personal mail, notices from banks/creditors.</p> <p><input type="checkbox"/> Do you see multiple mailings soliciting donations or thank you letters for many donations?</p>	<p>Driving</p> <p><input type="checkbox"/> Do you feel unsafe when riding in the car with the older adult driving?</p> <p><input type="checkbox"/> Have they had any recent traffic accidents? Tip: Look for nicks/dents on the car.</p> <p>Nutrition</p> <p><input type="checkbox"/> Are you unsure if they are regularly eating balanced meals & drinking enough liquids?</p> <p><input type="checkbox"/> Are there any significant changes in weight? Tip: Give a big hug.</p> <p><input type="checkbox"/> Does the pantry or refrigerator/freezer indicate nutritious staples? Tip: Look at expiration dates on food labels.</p> <p>Balance</p> <p><input type="checkbox"/> Is there any evidence of recent falls, difficulty walking or getting out of a chair or bed?</p> <p>Tip: Check for changes in walking (unsteady, limping, and/or an unusual gait).</p> <p>Memory Impairment</p> <p><input type="checkbox"/> Are you noticing increased forgetfulness, especially of recent events or activities, or confusion?</p> <p>Tip: Share a short, simple story; after 5-10 minutes ask your loved one to repeat details of the story (character names, name of city mentioned, etc).</p> <p>Wellness</p> <p><input type="checkbox"/> Are they taking their medications as prescribed?</p> <p>Tip: Check for expired medications in the home.</p> <p><input type="checkbox"/> Are they keeping regular appointments with their primary physician?</p>
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Helping you make an Objective Assessment of your Loved Ones. Check all that apply.

- We Can Help:**
- **In-Home Needs Assessment**
 - **Whole-Person Evaluation**
 - **Recommendations**
 - **Crisis Intervention**
 - **Ongoing Support**
 - **Home Placement Options**
 - **Family & Caregiver Coaching**
 - **Advocacy**
 - **Referrals**
 - **Phone & Email Consultations**

Caregivers



Checklist

Helping you make an Objective Assessment



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